

Ov. Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	160	ANDY HANEY	M	MV50	CHORLTON RUNNERS	00:36:09	00:36:08		1	1	1
2	162	JAMES PATTISON	M	MV45	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	00:36:13	00:36:13		2	1	1
3	43	DANIEL HUNT-EARLE	M	MSEN		00:37:00	00:36:56		3	1	
4	4	MATTHEW BEACOCK	M	MSEN	SALE HARRIERS MANCHESTER	00:37:11	00:37:11		4	2	1
5	78	JAMES JORDAN	M	MV40	ROCHDALE HARRIERS & AC	00:37:24	00:37:24		5	1	1
6	42	ISABEL WHERRITT	F	FSEN	CHORLTON RUNNERS	00:39:16	00:39:14	1		1	1
7	161	IAIN WILSON	M	MSEN	MANCHESTER YMCA HARRIERS	00:40:03	00:40:01		6	3	1
8	142	ZAIN KARIM	M	MSEN	BRAMHALL RUNNERS	00:40:07	00:40:06		7	4	1
9	22	SAMANTHA JONES	F	FV40	BRAMHALL RUNNERS	00:40:13	00:40:11	2		1	1
10	31	SIMON TODD	M	MV40	BRAMHALL RUNNERS	00:40:36	00:40:35		8	2	2
11	188	JOHN MCINTYRE	M	MSEN	DRAGONS RUNNING CLUB (SALE)	00:40:41	00:40:37		9	5	1
12	54	DAVID MARSH	M	MSEN	SALE HARRIERS MANCHESTER	00:40:57	00:40:55		10	6	2
13	189	ANDREW HOUGHTON	M	MV60		00:41:11	00:41:09		11	1	
14	61	DANIEL SWINDEN	M	MSEN	SALE HARRIERS MANCHESTER	00:41:24	00:41:21		12	7	3
15	67	ANDY RAWLINS	M	MV45		00:41:37	00:41:33		13	2	
16	89	MATTHEW TAYLOR	M	MV40	PRESTWICH AC	00:41:42	00:41:39		14	3	1
17	163	JOEL SLOAN	M	MSEN		00:41:52	00:41:49		15	8	
18	79	CHRIS HIRST	M	MV45	CHORLTON RUNNERS	00:41:57	00:41:51		16	3	2
19	144	MARK BROWN	M	MSEN	SALE HARRIERS MANCHESTER	00:42:11	00:42:08		17	9	4
20	93	MIKE KINNEAR	M	MV45	BRAMHALL RUNNERS	00:42:16	00:42:13		18	4	3
21	23	STEPHEN BRUNDRETT	M	MV55	BRAMHALL RUNNERS	00:42:27	00:42:24		19	1	4
22	170	HENRY JONES	M	MSEN		00:42:35	00:42:28		20	10	
23	176	MACAULAY MCGOWAN	M	MSEN		00:43:01	00:42:56		21	11	
24	20	TONY PICKFORD	M	MV55	GINPIT FLYERS	00:43:23	00:43:21		22	2	1
25	51	MATTHEW GRIMSHAW	M	MV40		00:43:23	00:43:18		23	4	
26	164	MIKE O'DOHERTY	M	MV40		00:43:40	00:43:34		24	5	
27	108	JAN WILLIAMS	M	MV50	WINSTON RUNNERS	00:43:57	00:43:54		25	2	1
28	18	MIRAS ESKANDER	M	MV45	RUNNING BEAR	00:44:15	00:44:08		26	5	1
29	107	PETER WILKSON	M	MV50		00:44:18	00:44:13		27	3	
30	85	ALI COOMBE	M	MSEN	RUN THE JOULES	00:44:56	00:44:51		28	12	1
31	118	NAZ ZAMEER	M	MV55	CHORLTON RUNNERS	00:44:56	00:44:51		29	3	3
32	117	ROBIN BEAUMONT	M	MV60		00:45:11	00:45:06		30	2	
33	112	MICHAEL AIKEN	M	MSEN	RAMSBOTTOM RUNNING CLUB	00:45:15	00:45:15		31	13	1
34	71	JACK ANDERSON	M	MSEN		00:45:16	00:45:15		32	14	
35	40	GARETH MAHER	M	MV40	BRAMHALL RUNNERS	00:45:38	00:45:35		33	6	5
36	175	DANIEL CASTLE	M	MV40		00:45:51	00:45:45		34	7	
37	35	SIMON JONES	M	MV45		00:45:56	00:45:37		35	6	
38	151	MIKE WALSH	M	MV60	WINSTON RUNNERS	00:45:57	00:45:54		36	3	2
39	157	SARAH GOULDEN	F	FV45	SALE HARRIERS MANCHESTER	00:45:57	00:45:53	3		1	1
40	98	AARON PARKER	M	MSEN		00:45:59	00:45:47		37	15	
41	73	DEEPAK AGGARWAL	M	MV55	CHORLTON RUNNERS	00:46:03	00:45:55		38	4	4
42	56	JAMES MACPHIE	M	MV45		00:47:19	00:47:02		39	7	
43	72	MICHAEL CURLEY	M	MV75	CHORLTON RUNNERS	00:47:28	00:47:23		40	1	5
44	60	WILF BURKE	M	MV70		00:47:31	00:47:26		41	1	
45	37	MATTHEW JONES	M	MV45		00:47:41	00:47:25		42	8	
46	165	TRISTAN POCOCCO	M	MV50	DRAGONS RUNNING CLUB (SALE)	00:47:49	00:47:36		43	4	2
47	55	STEVAN SURRIDGE	M	MV40	MILE SHY CLUB	00:47:50	00:47:42		44	8	1
48	130	PAUL LOCKETT	M	MV50		00:47:59	00:47:49		45	5	
49	105	ADAM POYNER	M	MV45		00:48:17	00:48:14		46	9	
50	120	JANICE HARDING	F	FV50	SALE HARRIERS MANCHESTER	00:48:17	00:48:13	4		1	2
51	33	PETER BARR	M	MV45		00:48:23	00:48:20		47	10	
52	104	MARK JOHNSTON	M	MV45		00:48:28	00:48:25		48	11	
53	13	MICHELLE NEWALL	F	FV45	RUNTHROUGH RUN CLUB	00:48:37	00:48:33	5		2	1
54	44	ADAM MORAN	M	MV45	SALE HARRIERS MANCHESTER	00:48:59	00:48:50		49	12	5
55	181	ALEXANDER CHARLTON	M	MSEN		00:49:00	00:48:51		50	16	
56	17	RICHARD MANSFIELD	M	MV50	RUN THE JOULES	00:49:29	00:49:24		51	6	2
57	3	ANDY GIBSON	M	MV60		00:49:33	00:49:29		52	4	
58	34	FRANK CORDINGLEY	M	MV65	SALE HARRIERS MANCHESTER	00:50:06	00:50:00		53	1	6
59	39	TOM MEACOCK	M	MV45		00:50:06	00:49:53		54	13	
60	45	PETER DUNNE	M	MV65	CHICHESTER RUNNERS & AC	00:50:22	00:50:21		55	2	1
61	194	MARKUS JOHANSSON	M	MV40		00:50:32	00:50:15		56	9	
62	38	IAN STAINTHORPE	M	MV60		00:50:48	00:50:38		57	5	
63	109	ANDREW DONEGAN	M	MSEN		00:50:56	00:50:50		58	17	
64	113	LAURA AIKEN	F	FSEN	RADCLIFFE AC	00:51:02	00:50:47	6		2	1
65	29	CHRIS TOYNE	M	MV55	GATLEY RUNNERS	00:51:05	00:50:54		59	5	1
66	81	STEPHEN DEVERELL-SMITH	M	MV40		00:51:08	00:50:38		60	10	
67	150	WILLIAM KEELING	M	MV55	KNUTSFORD TRI CLUB	00:51:13	00:51:05		61	6	1
68	184	PAUL WOOD	M	MV70	LONELY GOAT RC	00:51:24	00:51:10		62	2	1
69	83	ZOE COOMBE	F	FV50	RUN THE JOULES	00:51:38	00:51:33	7		2	1
70	7	RUSSELL EATON	M	MV55	CHESTER ROAD RUNNERS	00:51:42	00:51:32		63	7	1
71	8	ROB EVANS	M	MSEN		00:51:54	00:51:35		64	18	
72	167	SUE BANFIELD	F	FV55		00:52:00	00:51:51	8		1	
73	9	NYLE SMITH	M	MSEN		00:52:37	00:52:11		65	19	
74	191	NAZ ALI	M	MV45		00:52:54	00:52:35		66	14	
75	124	DAWN CANTERELLI	F	FV55		00:52:58	00:52:43	9		2	
76	100	STEVE FAIRCLOUGH	M	MV60	BRAMHALL RUNNERS	00:53:02	00:52:43		67	6	6
77	121	ADELE MITCHELL	F	FV50		00:53:05	00:52:50	10		3	
78	156	STEVEN GORDON	M	MSEN	RUN THE JOULES	00:53:07	00:53:01		68	20	3
79	59	LUCY STYLES	F	FSEN		00:53:13	00:53:05	11		3	
80	68	AERONWY CRAIG	F	FV40	BRAMHALL RUNNERS	00:53:14	00:53:05	12		2	2
81	182	HELEN MARSLAND	F	FSEN		00:53:18	00:53:06	13		4	
82	90	ISABEL MATHER	F	FV40		00:53:24	00:53:00	14		3	
83	5	IAN CLARKE	M	MV60		00:53:34	00:53:23		69	7	
84	145	NICOLA KARIM	F	FV40		00:53:37	00:53:24	15		4	
85	155	MIRIAM LAROCQUE	F	FSEN	RUN THE JOULES	00:54:01	00:53:55	16		5	2

86	57	MARTYN CASSIDY	M	MV50	DRAGONS RUNNING CLUB (SALE)	00:54:05	00:53:53	70	7	3
87	99	SAM BAGNALL	F	FV40	RUN THE JOULES	00:54:18	00:54:13	17	5	3
88	21	AARON LAWLEY	M	MV45		00:54:20	00:54:00	71	15	
89	30	CRAIG FAIRFIELD	M	MV60		00:54:22	00:54:10	72	8	
90	86	LOUI HINDLE	M	MSEN		00:54:22	00:54:19	73	21	
91	88	STEPHEN KINSEY	M	MV60		00:54:23	00:54:16	74	9	
92	137	JOHN KEYWORTH	M	MV60		00:54:31	00:54:21	75	10	
93	41	DUNCAN MAHER	M	MV45		00:54:35	00:54:26	76	16	
94	125	SARAH LANDING	F	FV50		00:54:36	00:54:26	18	4	
95	53	MAX WITHINGTON	M	MV45		00:54:38	00:54:19	77	17	
96	177	ZOE FARRIMOND	F	FSEN		00:54:46	00:54:38	19	6	
97	122	ALISON STANKARD	F	FV50		00:54:57	00:54:41	20	5	
98	123	JEN SHERSTONE	F	FV50		00:54:57	00:54:42	21	6	
99	87	MATT GRANDAGE	M	MV55		00:54:58	00:54:51	78	8	
100	174	STEVEN DICKENS	M	MV45		00:55:00	00:54:55	79	18	
101	135	MIKE HALL	M	MV60	BRAMHALL RUNNERS	00:55:25	00:55:18	80	11	7
102	186	SARA MACDERMOTT	F	FV40	SALE HARRIERS MANCHESTER	00:55:32	00:55:09	22	6	3
103	115	LAUREN REDHEAD	F	FV40	MANCHESTER HARRIERS & AC	00:55:40	00:55:17	23	7	1
104	111	GREG COLLIER	M	MV50		00:55:54	00:55:26	81	8	
105	110	KYLE DODD	M	MSEN	MILE SHY CLUB	00:55:54	00:55:26	82	22	2
106	77	HELEN CALLERY	F	FV60	DRAGONS RUNNING CLUB (SALE)	00:55:59	00:55:47	24	1	1
107	97	AARON STARKIE	M	MV45		00:56:24	00:56:17	83	19	
108	102	KURTIS STARKIE	M	MV40		00:56:24	00:56:18	84	11	
109	28	STU FOSTER	M	MV60	RUNNING PUNKS	00:56:35	00:56:24	85	12	1
110	180	GILL EDMUNDSON	F	FV50		00:56:48	00:56:32	25	7	
111	16	SHIRLEY RALPH	F	FV50	BRAMHALL RUNNERS	00:56:49	00:56:34	26	8	3
112	187	ELLIE CARROLL	F	FSEN		00:57:02	00:56:53	27	7	
113	133	SOPHIE SMITH	F	FSEN		00:57:05	00:56:45	28	8	
114	128	STU STUART	M	MV55		00:57:19	00:57:06	86	9	
115	114	ROGER BROADBENT	M	MV60		00:57:27	00:57:05	87	13	
116	148	JON GHOSH	M	MV50		00:57:48	00:57:34	88	9	
117	116	ALISTAIR ZALDUA	M	MV55		00:58:06	00:57:44	89	10	
118	63	DAVID PROCTOR	M	MV45		00:58:14	00:57:54	90	20	
119	74	VIJAY AGGARWAL	M	MV50	CHORLTON RUNNERS	00:58:34	00:58:25	91	10	6
120	95	PAULA STEVENS	F	FV55	BRAMHALL RUNNERS	00:58:44	00:58:27	29	3	4
121	197	AVA WILLIAMS	F	FSEN		00:58:46	00:58:25	30	9	
122	185	SEAN JESSON	M	MV50		00:58:47	00:58:27	92	11	
123	62	HAZEL BURKE	F	FV45		00:58:49	00:58:30	31	3	
124	80	KATHY DEVERELL-SMITH	F	FSEN		00:58:51	00:58:23	32	10	
125	32	JOANNE DESCHOOLMEESTER	F	FV45		00:58:56	00:58:41	33	4	
126	1	ALAN JENKINSON	M	MV75	STYAL RUNNING CLUB	00:59:18	00:59:09	93	2	1
127	15	CATHERINE JONES	F	FV60	BRAMHALL RUNNERS	00:59:30	00:59:13	34	2	5
128	143	CHRIS RIGBY	M	MV50		00:59:41	00:59:21	94	12	
129	84	WILL COOMBE	M	MV50	RUN THE JOULES	01:00:23	01:00:18	95	13	4
130	196	CAITLYN TAYLOR	F	FSEN		01:00:41	01:00:21	35	11	
131	75	BRIDGET BINKS	F	FV50		01:00:45	01:00:26	36	9	
132	127	LOUIS HOLLICK	M	MSEN		01:00:46	01:00:25	96	23	
133	58	SARA CASSIDY	F	FV45	DRAGONS RUNNING CLUB (SALE)	01:00:51	01:00:38	37	5	2
134	92	LAUREN WORRALL	F	FSEN	BATCH RUNNING CLUB	01:00:52	01:00:29	38	12	1
135	119	VICKY DEVINE	F	FV50		01:00:53	01:00:39	39	10	
136	82	JON ROSTRON	M	MV55	MILE SHY CLUB	01:01:28	01:01:05	97	11	3
137	52	KATY WITHINGTON	F	FV45		01:01:31	01:01:12	40	6	
138	126	JO CLARKE	F	FV50	MILE SHY CLUB	01:01:40	01:01:26	41	11	1
139	10	GERALDINE FENTON	F	FV45	DRAGONS RUNNING CLUB (SALE)	01:01:45	01:01:32	42	7	3
140	94	JULIE SHORTT	F	FV55	BRAMHALL RUNNERS	01:02:06	01:01:49	43	4	6
141	19	RACHEL WALL	F	FV40	GINPIT FLYERS	01:02:07	01:01:58	44	8	1
142	2	IAN WILLIAMSON	M	MV60	DAVENPORT REBELS	01:02:09	01:02:06	98	14	1
143	96	MIKE MCGRATH	M	MSEN		01:02:14	01:01:49	99	24	
144	140	SOPHIE OWEN	F	FSEN		01:02:28	01:02:17	45	13	
145	36	ELIZABETH JONES	F	FV45		01:02:30	01:02:13	46	8	
146	193	JOSEPH PARKER	M	MSEN		01:02:47	01:02:26	100	25	
147	50	DAVID BERRY	M	MV40		01:02:50	01:02:35	101	12	
148	49	MICHELLE BERRY	F	FV40		01:02:50	01:02:36	47	9	
149	146	LUCINDA SUMMERS	F	FV60	DRAGONS RUNNING CLUB (SALE)	01:03:06	01:02:53	48	3	4
150	76	DAVID BINKS	M	MV50		01:03:18	01:02:57	102	14	
151	192	RACHAEL KEOGH	F	FV50	MILE SHY CLUB	01:03:39	01:03:18	49	12	2
152	101	JULIE FAIRCLOUGH	F	FV60	BRAMHALL RUNNERS	01:03:56	01:03:37	50	4	7
153	190	HUGH MCKENNA	M	MV75	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	01:04:32	01:04:20	103	3	2
154	103	SARAH LEAH	F	FV50	BRAMHALL RUNNERS	01:04:50	01:04:31	51	13	8
155	136	HAYLEY HALL	F	FV55	BRAMHALL RUNNERS	01:05:17	01:05:01	52	5	9
156	147	ROSIE GHOSH	F	FV50		01:05:28	01:05:14	53	14	
157	6	DELIA CLARKE	F	FV60		01:05:58	01:05:46	54	5	
158	173	CLIVE WILKINS	M	MV45		01:06:06	01:05:48	104	21	
159	25	JEFF LEWIS	M	MV60		01:06:25	01:06:15	105	15	
160	171	KATHLEEN TYMS	F	FV45	WINSTON RUNNERS	01:06:36	01:06:17	55	9	1
161	152	JUDE WALSH	F	FV55	WINSTON RUNNERS	01:06:43	01:06:25	56	6	2
162	172	MO CHIN	F	FV50		01:07:18	01:07:02	57	15	
163	132	BECCA ROBERTS	F	FSEN		01:07:19	01:07:04	58	14	
164	70	HOLLIE WILSON	F	FSEN		01:07:34	01:07:12	59	15	
165	183	DANIEL MARSLAND	M	MSEN		01:07:45	01:07:24	106	26	
166	131	LAUREN WILLIAMS	F	FSEN		01:07:52	01:07:37	60	16	
167	26	CLARE NASH	F	FV40		01:07:53	01:07:30	61	10	
168	106	MARGOT MAYBURY	F	FV55	DRAGONS RUNNING CLUB (SALE)	01:07:57	01:07:43	62	7	5
169	159	KATHY CROCKFORD	F	FV65		01:08:00	01:07:46	63	1	
170	166	MARTIN BANFIELD	M	MV75		01:08:06	01:07:37	107	4	
171	12	SANDRA FENTON	F	FV70	MANCHESTER HARRIERS & AC	01:08:09	01:07:57	64	1	2

172	141	LOUISE BEACOCK	F	FV65	STRIDE	01:08:13	01:07:55	65		2	1
173	47	HELEN DUNNE	F	FV55		01:08:15	01:07:55	66		8	
174	149	ANDREW HILLYARD	M	MSEN		01:08:37	01:08:30		108	27	
175	168	SOPHIE ROYLE	F	FSEN		01:09:24	01:09:08	67		17	
176	169	CORINNE JONES	F	FSEN		01:09:28	01:09:11	68		18	
177	27	JESS FOSTER	F	FSEN	STYAL RUNNING CLUB	01:09:42	01:09:25	69		19	1
178	69	EMMA MARSH	F	FSEN	WINSTON RUNNERS	01:10:23	01:10:05	70		20	3
179	154	ANDY TURNER	M	MV55	BRAMHALL RUNNERS	01:10:54	01:10:40		109	12	8
180	46	JOSCELINE DUNNE	F	FSEN		01:10:58	01:10:36	71		21	
181	153	EMMA TURNER	F	FV55	BRAMHALL RUNNERS	01:13:00	01:12:45	72		9	10
182	139	JANE ASH	F	FV50	GATLEY RUNNERS	01:13:43	01:13:32	73		16	1
183	158	BOB CROCKFORD	M	MV65		01:13:45	01:13:31		110	3	
184	24	ROSA ELLIOTT	F	FV60	GIRLS THAT JEFF	01:15:23	01:14:56	74		6	1
185	138	COLIN OWEN	M	MV60	GATLEY RUNNERS	01:15:53	01:15:43		111	16	2
186	11	GEOFFREY FENTON	M	MV75	MANCHESTER HARRIERS & AC	01:16:04	01:15:52		112	5	1
187	91	ZOE BURKE	F	FV40	BATCH RUNNING CLUB	01:17:41	01:17:18	75		11	2
188	195	ALISON PEARSON	F	FV50	MILE SHY CLUB	01:17:42	01:17:12	76		17	3
189	178	JAYNE ARMSTRONG	F	FV55		01:17:45	01:17:20	77		10	
190	179	SARAH LUDLAM	F	FV50		01:17:51	01:17:25	78		18	
191	64	EMILY ROBSON	F	FSEN		01:19:26	01:19:02	79		22	
192	65	KAREN ROBSON	F	FV50	MILE SHY CLUB	01:19:29	01:19:05	80		19	4
193	66	PAULA SELF	F	FV45	MILE SHY CLUB	01:19:30	01:19:07	81		10	5
194	134	MARK SMITH	M	MV65		01:20:04	01:19:45		113	4	
195	129	HAZEL PERKS	F	FV45	HEATON RUNNERS	01:42:44	01:42:19	82		11	1